

胃造口饲管移位问题之 选择带合适皮肤固定盘的饲管

胃造口喂养管适用于 >4-6 周喂养的长期肠内营养¹

- 胃造口饲管并发症并不少见，可影响患者生活质量²

胃造口管移位是一种常见的现象，主要与使用无外部保险杠的球囊型管有关，并可导致几种并发症³

饲管迁移导致的后果



胃出口梗阻和小肠梗阻³



误吸⁴



疼痛、蜂窝组织炎和因胃肠道 (GI) 分泌物渗漏到皮肤导致喂养中断⁴



呕吐，膨胀的球囊尖端的聚乙二醇管在幽门处受到撞击⁵



胰腺炎³，刺激小肠，导致胃肠道糜烂和穿孔⁵



肠缺血逆行性空肠十二指肠肠套叠⁵

防止饲管移位的方法

- 胃造口管的皮肤固定盘可防止胃蠕动引起的饲管移位⁵
- 尽可能不使用 Foley 管，Foley 管没有皮肤固定盘和长度刻度标记，更容易发生迁移⁶

考虑到患者未来有更换饲管的需求，用带有皮肤固定盘的胃造口饲管或纽扣式胃造口饲管替换 foley 导管有助于解决饲管移位的问题⁵

知识点

胃十二指肠内陷（蠕动引起）或 PEG 管尖端移至十二指肠（皮肤盘随时间松动引起）可能是胃出口梗阻的原因，在日本，通常被称为“球阀综合征”⁷

该综合征最早于 1946 年由 Hobbs 和 Cohen 描述，通常指胃息肉的胃十二指肠内陷，引起胃物质流出的的间歇性阻塞⁷

防止球阀综合征（当由 PEG 导管尖端引起）的一种方法是通过正确的放置外部支撑枕⁷

AVANOS 解决方案

AVANOS MIC*/ MIC-KEY* 饲管和配件包括各种创新产品设计的胃，空肠和胃-空肠通路解决方案⁸



爱诺生 MIC* 胃造口饲管有 SECUR-LOK* 带通气口的皮肤固定盘，允许空气在孔周围循环，转动固定盘可改变皮肤接触点^{9,10}



MIC-KEY* 纽扣式胃造口饲管有固定的皮肤固定盘，有助于防止管迁移到胃⁹

PEG, percutaneous endoscopic gastrostomy

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